

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Herman van  
heerden**

Has successfully participated & completed the

**40km Medium Race Cowhouse Summer MTB Race 2019**

held at Cowhouse Market.

**TIME 02:12:15**

**PACE 18.15km/h**

**GENDER 105 of  
288**

**OVERALL 113 of 356 SUB VETERAN 18 of 63**

19 January 2019, Sat

Date



*BoutTime*

Signature

